

Yoga West
presents



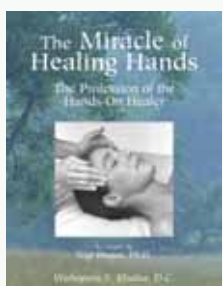
HEALING HANDS WORKSHOP WITH DR. WAHEGURU KHALSA

Healing Hands is a two-part workshop based on the healing treatments of Yogi Bhajan and the book "The Miracle of Healing Hands."

SATURDAY covers **THE THREE LAWS OF HEALING**, Yogi Bhajan healing stories, and hands-on experience with a partner. After Kundalini Yoga warm-ups, you will learn Quicktouch Treatments (short easy to learn techniques) using the feet, back and legs.

SUNDAY continues as we study **THE POWER OF WORDS TO HEAL** and **PRAYER TO CONNECT US**. The hands-on healing treatment is Baby Pose Drumming, a 40-minute therapy technique done to 16-beat tabla (drum) music.

On each day you will both give and receive these clothes-on treatments. Beginners and seasoned practitioners will benefit from learning these unique and powerful healing techniques.



Dr. Waheguru will also be offering 15 minute treatment sessions. Longer sessions are available upon request. See front desk staff to learn more & book your session with this remarkable healer!

THE THREE LAWS OF HEALING

Sat Feb. 18
noon to 5pm

THE POWER OF WORDS TO HEAL

Sun Feb. 19
1 to 5pm

\$45 each day (adv)
\$55 (day of)

\$75 (for both days/adv)
\$90 (day of)

DR. WAHEGURU S. KHALSA is the author of "The Miracle of Healing Hands". He is a licensed Chiropractor with advanced training in oriental medicine. For 35 years he has maintained a practice in Los Angeles combining healing techniques with chiropractic adjustments, diet, and nutritional counselling, and kundalini yoga. He has been a student of Yogi Bhajan since 1972 and has learned healing and chiropractic techniques from directly Yogi Bhajan.



For more information & registration contact Yoga West
604 - 732 - 9642 (YOGA) www.yogawest.ca 2662 West 4th Ave.