



Conscious Communication

January 28-30 & Feb 3-5, 2012

**YOGA WEST OFFERS
ANOTHER DYNAMIC
LEVEL 2 COURSE!**

**OVER THE LAST 6 YEARS, YOGA WEST HAS DEVELOPED
A POWERFUL AND DYNAMIC LEVEL TWO PROGRAM.
THESE COURSES ARE EXCELLENT AND VERY POPULAR.
DON'T MISS IT!**

KRI LEVEL 2 TEACHER TRAINING MODULE

Communicate your whole Self, with awareness, kindness and fearlessness. Learn to use your communication skills to create a common notion with others—even those you disagree with. Listen—don't just hear. Elevate your communication to the power of creative dialogue so that life becomes a flow, in harmony with the Infinite.



GURU RAJ KAUR
Level One & Two
Lead Trainer



GURUDEV SINGH
Level One & Two
Lead Trainer



NIRVAIR SINGH
Level One & Two
Lead Trainer

This transformative and elevating course is led by Guru Raj Kaur Khalsa, Nirvair Singh and Kaur, and Gurudev Singh Khalsa. These dynamic senior teachers lead you deeper in your development as a Kundalini Yoga Teacher in relationship to these sacred teachings.

This module addresses our projection and effectiveness; exploring the basic concepts behind conscious communication through discussions, interactive exercises and reading. We will practice meditations and exercises to increase our sensitivity and we will engage in constructive self-examination.

Program includes:

- 6 Full days of instruction with senior teachers.
- Powerful meditations, yoga, DVD classes with Yogi Bhajan, and small group work with your peer teachers.
- 90-day study program with meditations and small group work.
- Certification in the Conscious Communication module (one of the five modules that comprise certification in Level Two.)

Cost: \$995 pre-registered by Jan.18 / \$1095 after Jan. 18
This course is PCTIA registered, tax-deductible and HST free.

For more information & on-line registration contact Yoga West
604 - 732 - 9642 (YOGA) www.yogawest.ca 2662 West 4th Ave.